
LEE



SENIOR CITIZEN NEWS

243-5545

LEE COUNCIL ON AGING

21 CROSSWAY ST., LEE MA.

OFFICE HOURS: MONDAY - THURSDAY 9:00-1:30

Patricia DiGrigoli –Director

Susan Holian– Assistant

September 2019



“Every cloud in life, brings a rainbow of promise.”

This beautiful rainbow was captured in Mill River by
Warren Robertson! Thanks for sharing, Warren! It’s beautiful!

Update

We are excited to announce that the Berkshire Eagle's article on our Center's "Day's for Girls" Project(March 5, 2019) that started three years ago by 3 aspiring women at the senior center has grown and new friendships have been made. The sewing machines have been buzzing and we have merged with the Lenox Senior Center. It is an amazing project of making sanitary napkins for woman around the world.

If you don't sew but would love to help with our project, donations of 100% cotton material and 100% dark flannel would be appreciated as well as monetary donations. Maybe you could help with the washing and drying of material before the products can be sewed. Join us on every other Friday's at 1 for a rewarding cause. Call for information 243-5545.

A huge THANK YOU to our Lee Police Officers Adrienne Kohlenberger And Jason Hopkins for being our judges for our first ever pie contest!!!! You two made it fun!!!!



Our lucky winners with their delicious pies were:

\$25.00 winners

Rosemary Wirtes- Country Apple Pie

Beverly Allen -Grasshopper Pie

\$10.00 winners

Kay Holt- Banana Split Pie Debbie Tobler- Butterscotch Pecan

Also Thank You to "The Landing at Laurel Lake" for the use of their popcorn machine, and to "B&G Restaurant Equipment and Supplies" for the amazing donation of the popcorn.

Also to all the fun friends who participated in our "County Fair", who made the whole experience fun!!!!



(picture by Warren Robertson)

Best Wishes to our Friend and Driver Eileen Maxfield!

Are you sure you retired???

No Way! WE all love you!

Thanks for looking out for All of us.



Soon the winter months will be upon us and we know how difficult it is to get out sometimes. So check your neighborhood and if you know of a senior who is homebound and could use a food care package. PLEASE call us and we will deliver them a packed full food package. Call us at 243-5545. This is what we are here for. Don't hesitate, CALL US!!

September Buzz....

Sept. 8th: "What children need most are The essentials that grandparents provide in Abundance. They give unconditional love, kindness, patience, Humor, comfort, lessons in life. And, most importantly, COOKIES. (R. Giuliani)
HAPPY GRANDPARENT'S DAY



September 11th: Patriot Day and National Day of Service and Remembrance, honoring those who died during the 9/11 attacks in 2001, Remember all those who lost their lives and all rescue workers as well as all their families in thought and prayer.

Founders Day Weekend SEPTEMBER 13th and 14th Stop by the Lee Library to view the Senior Community

Art Class paintings !
Reception Friday September 13th Lee Library at 3o'clock
New art classes starting September 9th at 1 with art teacher Bill Hall..
Look for the Senior Center Booth on the Main Street And learn what we are all about!



**EDUCATIONAL CLASS
DON'T BE A VICTIM OF A SCAM!!!**
We are very fortunate to have Officer Burdick of the Lee Police Department to update us on the latest scams. Officer Burdick will be at the Center on Tuesday Sept. 17th at 1:45 to help us from fallen into very convincing predators hands. Join us for this much needed presentation!

SAVE THE DATE Wednesday September 18th TIME: 11:30



It is our pleasure to announce that the Landing at Laurel Lake will be providing one of their scrumptious lunches to Us!!!! This is a reservation luncheon as we are limited to 50 people. Please make YOUR reservation by Thursday September 12th. Don't delay, call us today!!!!



Soup and Movie Night Sept, 24th at 3
Movie :Greenbook— A working-class Italian-American bouncer becomes the driver For an African-American classical pianist.
Special thanks to Bette Flood for providing our soup in July and Warren Robertson in August!
You guys are the best soup makers!!!!

ARE YOU

Wednesday September 25th Prince Spaghetti Time 10:30

Make and Take Cooking class :
Menu: Chicken Caprese pasta
Please bring container!



LOOKING FOR SOMETHING FUN TO DO?? WELLLLL. TRY BILL'S ART CLASS ! DON'T FRET AND WORRY, YOU DO NOT HAVE TO KNOW HOW TO PAINT OR DRAW. BILL MAKES IT FUN! NO STRESS AND IT'S THE BEST GROUP OF PEOPLE. TRY SOMETHING NEW. NEW CLASSES STARTING SEPTEMBER 9TH SEE YOU THERE !

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2. Labor Day! Enjoy!! Center closed</p> <p>DRIVE SLOW! SCHOOL STARTS!</p>	<p>3.. 9:00 Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 BINGO</p>	<p>4. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge</p>	<p>5. 11:30 Lunch 12:00 Bingo 1:30 Yoga 6:00 Knitting group</p>	<p>6. 10:00 Open Gym Walk 11:30 Lunch</p>
<p>9. 9:00 Osteo Exercise 11:30 Lunch 1:00 ART Class with Mr. Bill</p> 	<p>10. 9:00 Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 Bingo</p>	<p>11. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge</p>  <p>Brown Bag Day</p>	<p>12. 11:30 Lunch 12:00 BINGO 1:30 YOGA 6:00 Knitting social</p> <p>FOUNDER'S WEEKEND</p>	<p>13. 10:00 Open Gym Walk 11:30 Lunch</p>
<p>16. 9:00 Osteo Exercise class 11:30 Lunch 1:00 Art Class Fun</p>	<p>17. 9:00 Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 BINGO 1:45 Scam talk</p>	<p>18. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge</p>	<p>19. 11:30 Lunch 10:00 Wal Mart trip 12:00 Bingo 1:30 Yoga 6:00 Knitting social</p>	<p>20. 10:00 Open Gym Walk 11:30 Lunch</p>
<p>23. 9:00 osteo Class 11:30 Lunch 1:00 Art class with Bill</p>	<p>24. 9:00 Blood Pres- sure Clinic and Foot nurse 243-5545 10:00 Gym walk 11:30 Lunch 12:00 Bingo 3:00 Movie and Soup</p>	<p>25. 8:30 tai Chi 26. 11:30 Lunch 27. 1:00 Bridge</p>	<p>26. 11:30 Lunch 12:00 Bingo 1:30 Yoga 6:00 Knitting social</p>	<p>27. 10:00 Open gym walk 11:30 Lunch</p>
<p>30. 9:00 Osteo class 11:30 Lunch 1:00 Art class with Bill</p>	<p>ENJOY AUTUMN!!!!!!!!!!</p>			