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# LEE



## SENIOR CITIZEN NEWS

243-5545

LEE COUNCIL ON AGING

21 CROSSWAY ST., LEE MA.

OFFICE HOURS: MONDAY - THURSDAY 9:00-1:30

Patricia DiGrigoli –Director  
Susan Holian – Assistant

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2017

For each new morning,  
With its light,  
For rest and shelter of the night,  
For love and friends,  
For everything thy  
Goodness sends.

-Ralph Waldo Emerson

HAPPY THANKSGIVING TO ALL



**DON'T FORGET!**

Harvest Dinner at Lee Middle and  
High School

Friday Nov. 10, 2017 at 1:00

Call in your reservation by Nov. 1st. 243-2780 ext. 2001



**Lenox COA Price Chopper Trip**

Thursdays at 10:00 Starting Nov. 2nd

Call Lee Senior Center 243-5545

Also available once a month- trip to Wall-Mart

Beginning November 16th, 2017

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**November 9th Greylock Federal will be at the Senior Center to give a Computer class and update us on their new on-line banking program!**

**Time 10:30**



**November 10th: Lee Middle and High School Harvest Dinner.**

**November 11th: Harvest Pot Luck Supper at the Tyringham Union Church! Saturday Nov. 11th at 5:30 Bring your favorite dish and an Item for the Lee Food Pantry**

**November 14th Refresh your driving skills with the AARP SMART DRIVING COURSE!**

- You will learn:\***
- \* Defensive driving techniques
  - \* Proven Safety strategies
  - \* New traffic laws and rules of the road



**PLUS**

**There are no test to pass. You simply sign up and learn. Upon completion you could receive a multi-year discount on your car insurance!!!!**

**DATE: November 14th 10:00 to 12 Break for lunch resume 12:30 to 2 (reserve a lunch for \$2.00 or bring your own)**

**LOCATION: LEE Senior Center 21 Crossways St.**

**TO REGISTER: Call instructor J. Zief at 1-413-394-4427 or Center 243-5545**

**Classroom Course: \$15 for AARP members\*\* \$20 for non members**

**KINDLY RSVP BY November 9th**

**November 20th: Thanksgiving Luncheon followed by music by Dan Daniels**

**November 21st. Fairview Commons Special Bingo**

**November 27th Movie and Soup Night 3' o clock**

**MOVIE PRESENTATION: FENCES**

**Best Actor– DENZEL WASHINGTON Best supporting Actress– VIOLA DAVIS**

**As a former Negro Leagues baseball player now working as a trash collector in 1950's Pittsburg, Washington (directing himself) breaths anguished life into playwright August Wilson's iconic character. He laughs with his best friend (Stephen McKinley Henderson) and professes devotion to his wife (Viola Davis), but through it all Washington in the performance of a lifetime, vibrates with rage and disappointment.**

**AARP's 2016 award winner movie pick!!!**



The Lee Senior Center cordially invites you to a  
Thanksgiving Luncheon  
November 20, 2017

***12 o'clock noon***

Menu:

Turkey, stuffing.

Mashed potatoes, gravy

And All the Trimmings!!

Music to Follow by Dan Daniels

Reservations a Must by November 13th at 243-5545



### ***Veteran's Day***



We ask for blessings on all those who  
have served their country in the armed forces.  
We ask for healing for the veterans who have been wounded,  
in body and soul, in conflicts around the globe.  
Give us all here present today creative vision to see a world  
that, growing weary with fighting, moves to affirming the  
life of every human being and so moves beyond war.

***To ALL our Veteran's YOU are our HEROES***

Monday	Tuesday	Wednesday	Thursday	Friday
		1. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	2. 11:30 Lunch 12:00 BINGO 1:30 YOGA	3. 10:00 Open Gym Walk 11:30 Lunch
6. 9:00 Osteo Exercise 11:30 Lunch ***** 1:00 ART Class with Mr. Bill	7. 9:00 Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 Bingo	8. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge   Brown Bag Day	9. 10:30 Greylock computer course 11:30 Lunch 12:00 BINGO 1:30 Yoga  	10. 10:00 Open Gym Walk NO LUNCH AT SENIOR CENTER!  Harvest Dinner at Lee Middle and high School WITH RESERVATIONS!
13. 9:00 Osteo Exercise class  11:30 Lunch 1:00 Art Class	14. *** NO BINGO 9:00 Blood Pressure Clinic and Foot Nurse at Crossways, call 243 - 5545 10-2:30 AARP Course 10:00 Gym Walk 11:30 Lunch	15. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	16. 11:30 Lunch 12:00 Bingo ***** 1:30 Yoga	17. 10:00 Open Gym Walk 11:30 Lunch
20. 9:00 Osteo Exercise Class 12:00 Thanksgiving luncheon with reservations! Music with Dan Daniels  ***** No Art Today	21. 9:00 Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:30 Fairview Commons BINGO	22. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	23.  	24. 10:00 Open Gym Walk 11:30 Lunch
27. 9:00 Osteo Exercise Class 11:30 Lunch 1:00 Art Class 3:00 Movie and Soup Night	28. 9:00 Blood pressure clinic 10:00 Gym Walk 11:30 Lunch 12:00 Bingo	29. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	30. 11:30 Lunch 12:00 BINGO 1:30 Yoga	