
LEE



SENIOR CITIZEN NEWS

243-5545

LEE COUNCIL ON AGING

21 CROSSWAY ST., LEE MA.

OFFICE HOURS: MONDAY - THURSDAY 9:00-1:30

Patricia DiGrigoli –Director

Susan Holian– Assistant

June 2019



INSPIRATIONAL AT 80+ RECOGNITION AWARD

Do you know someone over the age of 80 plus who lives right here in our hometown Lee, who goes above and beyond and is deserving of being recognized for their support to their neighbors, and to our community through leadership and community service!

We would like to honor this unique person!

Please submit this honoree's name to our Senior Center

Submit their name and contact information, the honoree's community involvement as well as a brief description of the Honoree.

All information will be confidential

Send to Lee Senior Center at 21 Crossway Street or call 243-5545

Deadline June 29th

MULTICULTURAL PARTICIPANTS WANTED!!!!

We here at the Lee Senior Center would love to have families from all countries to share their traditions, culture, music and food with us!

The seniors would like to celebrate diversity with you and it would be so nice to learn so many new and exciting customs.

Now that school is out we would love it if the children and their families could come in and also do a craft project or food demonstration with us and also share their family history with us.

Please call the Senior Center so we can schedule a perfect time for ALL of us.

Looking forward to hearing from you..

Lee Senior Center



June Buzzzzz



Educational update

Stay informed : On Tuesday June 11th Time 1:45

representatives from **Canna Provisions** will be at the Senior Center to give an informational presentation on the history and benefits as well as to answer our questions and concerns on cannabis.

Thank you to all our Dads, Grandfathers, Uncles,
and brothers for All you do, everyday for all of us.

WE LOVE YOU ALL!

In honor of all the Dad's join us for Breakfast
Monday June 17th at 8:30



We are celebrating Flag Day and want you to celebrate with us!

Flag Day commemorates the adoption of the flag of the United States on June 14, 1777 soooo....

**Join us Friday June 14th at 11:30 for a hotdog roast with Live music by Peter Poirier at 12!
Join us at the Senior Center!**

IMPORTANT INFORMATION YOU WON'T WANT TO MISS !

Are you prepared for a Hospital Visit?

Presentation June 18th at 2 o'clock

Denise Vigna, LSW and Director of Marketing of Bane Care will be at the Senior Center for a eye-opening presentation for the expected and unexpected hospitalization.

**** Refreshments will be provided by Bane Care****

An important presentation, not to be missed! Public invited!

AMERICAN RED CROSS BLOOD DRIVE

Right here at the Lee Senior Center !

Give in honor of Amy Consolati

June 7th from 9a.m. to 3p.m.

**American
Red Cross**

A HUGE HUG AND SINCE THANKS to Laura and Joel from Kimball Farms on Sunset Avenue for making our Mother's Day Dinner so special! The dinner was incredible!! And to Jake and the Pittsfield Chapter of the Berkshire Hiillmens, the performance was amazing!!

Thank YOU to ALL of you!!!!



We Welcome Beverly Dunn to our Senior Center !
Beverly is a Foot Nurse who will be at our Lee Senior Center on the last Tuesday of the month beginning August 27th at 9' o'clock! Make your appointment at 243-5545



Welcome Beverly!!!!

It's 5 o' clock somewhere!!



Join us at 2 June 20th on the Veranda as we jump start the First Day of Summer with fun cocktails and Horsd'oeuvres

Thursday Evenings 6-8p.m

Gosh, Yarn It, continues. Bring your yarn, needles or project or just come to chat. We have a lot of interesting conversations going! Join in the fun!!!

Movie and Soup Night June 25th

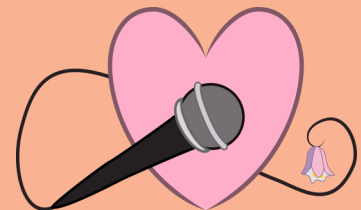
Movie: Sing

An animated musical film-Dapper Koala Buster Moon, tells his wealthy friend Eddie that he will be hosting a singing competition!

This is a movie for the Fun at Heart

Soup: Summer Strawberry Soup!!!!

Movie at 3 Soup to follow



Monday	Tuesday	Wednesday	Thursday	Friday
3. 9:00 Osteo Exercise 11:30 Lunch 1:00 Art class	4. 9:00 Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 BINGO	5. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	6. 11:30 Lunch 12:00 Bingo 1:30 Yoga 6-8 knitting group	7. 10:00 Open Gym Walk 11:30 Lunch *** RED CROSS BLOOD DRIVE 10-3
10. 9:00 Osteo Exercise 11:30 Lunch 1:00 ART Class with Mr. Bill	11. 9:00 Blood Pressure Clinic 9:00 Foot Nurse 243-5545 10:00 Gym Walk 11:30 Lunch 12:00 Bingo 1:45 Cannabis Wellness presentation	12. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge  Brown Bag Day	13. 11:30 Lunch 12:00 Bingo 1:30 Yoga 6-8 knitting	14. 10:00 Open Gym Walk 11:30 Lunch 1:00 Peter Poirier Music 
17. 8:30 Father's day Breakfast 9:00 Osteo Exercise class 1:30 Lunch 1:00 Art Class Fun	18. 9:00 Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 BINGO 2:00 Important Hospital presentation	19. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	20. 10:00 Wal-Mart trip 11:30 Lunch 12:00 Bingo 2:00 Yoga 2:00 Cocktail Hour on Veranda	21. 10:00 Open Gym Walk 11:30 Lunch
24. 9:00 Osteo Exercise Class 11:30 Lunch 1:00 Art class with Bill	25. 9: Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 Bingo 3:00 M:ovie Night Movie: Sing	26. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	27. 11:30 Lunch 12:00 BINGO 1:30 YOGA	28. 10:00 Open Gym Walk 11:30 Lunch