
LEE

SENIOR CITIZEN NEWS



243-5545

LEE COUNCIL ON AGING

21 CROSSWAY ST., LEE MA.

OFFICE HOURS: MONDAY - THURSDAY 9:00-1:30

Patricia DiGrigoli –Director

Susan Holian– Assistant

2018



It's a smile, it's a kiss, it's a sip of wine.... It's summertime!" Kenny Chesney
Summer means happy times and good sunshine and another, "take me away" art
picture from Lee Senior Art Class. You can feel the warmth and the breeze... we love
it!!!! Ocean Breeze take us away — — —

Transportation

For Lee residents 60 and older(NO PHYSICAL HELP) is provided to in-town transportation for local shopping, errands, to senior center and LOCAL medical appointments on TUESDAY AND THURSDAY between 8a.m. and 1:30 p.m. A \$.50 donation to the driver each way would be appreciated.

MEDICAL TRANSPORTATION ONLY

Transportation for out-of town , Pittsfield, Lenox, Gt. Barrington and Stockbridge, is offered Monday -Thursday between 8:30 a.m. and 11:30 A \$2.00donation is appreciated!

Lenox Price Shopper Shopping trip EVERY THURSDAY at 9:45 with pick up at Lee Senior Center, Hyde, and Brown Memorial with a bonus trip to Wal-Mart every 3rd Thursday. Trip is FREE!!! Call 243-5545

Chorus

Lee High Chorus will be here at our Senior Center June 6, 2018 to sing some beautiful songs for us. Join us at 10 o'clock a.m. to listen to this awesome chorus and to enjoy some coffee and Danish with us!

Movie Night June 26, 3 o'clock
SECOND HAND LIONS



This comedic and touching family film follows the adventures of a shy young boy who is sent to spend the summer with his eccentric uncles. Soup provided by the Lee Kiwanis Club to follow !!!

The Landing at Laurel Lake and the Lee Senior Center
Invites you to a special luncheon to honor all Dads!
At the Lee Senior Center
June 20th at 12 o'clock

Space is limited so please respond by June 14th 243-5545

**HAPPY
FATHER'S
Day!**

In this busy world we sometimes forget what's in our hearts. May your special day be one of peace, happiness and love. We love you all.

Note to Osteo Exercise Class and Tai Chi Members

Beginning the week of June 11th Chris Faber will not be available to teach her regular scheduled classes in the gym. Chris has been very dedicated to these classes and has made a video as not to have her members miss such important health classes. Please join us on Monday's at 9-10 for exercise class and Wednesday's at 8:30 for Tai Chi right here at the Senior Center. New members are always WELCOME!

A warm "Thank You" to the family of Lil Forrest who donated two sewing machines to the Lee Senior Center! They will be put to great use. And to Lee High Teacher Keri Wade and the Lee High Students for putting on a FABULOUS Prom Fashion Show!! It was awesome!!!

You know that rich life experiences are Indispensable. So Just imagine how valuable stories, and experiences our Seniors can share with us. When you Spend time volunteering with seniors, You'll benefit just as much as they do. Do you know someone that could use a Visit? Volunteer with us and help us Reach that person. Call us at 243-5545.

To receive this newsletter by email,
Simply send your request and e-mail
Address to coa@town.lee.ma.us or
Find us in the Post Office, Town Hall,
Library, Hyde and Brown Memorial

Mark your Calendars!
A Travel Group Exclusive Show!
"Buddy & Beyond"
The Buddy Holly story with his
Band
At the lovely Castle of Knights,
Chicopee, Ma.
Tuesday November 13, 2018
\$73.00 per person
Details to follow SOON!!!!



Monday	Tuesday	Wednesday	Thursday	Friday
				1. 10:00 open Gym walk 11:30 Lunch
4. 9:00 Osteo Exer- cise 11:30 Lunch 1:00 Art class	5. 9:00 Blood Pres- sure clinic 10:00 Gym Walk 11:30 Lunch 12:00 BINGO	6. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	7. 11:30 Lunch 12:00 Bingo 1:30 Yoga	8. 10:00 Open gym walk 11:30 Lunch
11. 9:00 Osteo Exercise 11:30 Lunch 1:00 Art class	12. 9:00 Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 Bingo	13. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	14. 11:30 Lunch 12:00 Bingo 1:30 yoga Flag Day	15. 10:00 Open Gym walk 11:30 Lunch
18. 9:00 Osteo Exercise 11:30 Lunch 1:00 Art Class	19. 9:00 Blood Pressure Clinic 10:00 Gym walk 11:30 Lunch 12:00 Bingo	20. 8:30 Tai Chi 12:00 SPECIAL Lunch 1:00 Bridge	21. 11:30 Lunch 12:00 Bingo 1:30 Yoga FIRST DAY OF SUMMER	22. 10:00 Open Gym walk 11:30 Lunch
25. 9:00 Osteo Exercise Class 11:30 Lunch 1:00 Art Class	26. 9:00 Blood Pressure Clinic 10:00 Gym walk 11:30 Lunch 12:00 Bing 3:00 Movie/soup	27. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	28. 11:30 Lunch 12:00 Bingo 1:30 Yoga	29. 10:00 Open Gym Walk 11:30 Lunch

