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# LEE



## SENIOR CITIZEN NEWS

243-5545

LEE COUNCIL ON AGING

21 CROSSWAY ST., LEE MA.

OFFICE HOURS: MONDAY - THURSDAY 9:00-1:30

Patricia DiGrigoli –Director  
Susan Holian – Assistant

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JULY 2018

What a beautiful picture from student at Lee Senior Center

**Senior Center Meals Monday –Friday 11:30**

**Come have lunch with us at the Senior Center! To reserve a meal call the day before By 12:30 A donation of \$2.00 per meal is suggested. Elder services provides the meal!**

**FREE BUS RIDE TO THE LENOX FARMERS MARKET!!!!!!!**

**Confused on how to ride the BRTA bus????**

**On August 17th Julie from the BRTA Bus Company is taking us on a ride to show us just how EASY it is. Julie is offering a Free ride to the Lenox Farmers Market. Meet at the Lee Town Park at 12:45  
Limited Seating so call us today!!!!**



## **JULY HAPPENINGS at the Senior Center PUT THESE EVENTS ON YOU SUMMER BUCKET LIST**

**July 17th: Explore the underwater! An Educational topic !!**  
**Sherry Pease from The Landing at Laurel Lake takes us on a fascinating journey of the sport of scuba diving! Although scuba diving looks fairly simple it involves a good deal of training due to the nature of the sport. Sherry takes us through each step and gives us the opportunity to be part of the underwater life and shares beautiful pictures of sealife!!!**

**Presentation begins at 10:30**

**Stay for lunch and enjoy the “fruits of the sea”**

**Make your reservations early for lunch!!! 243-5545**



**We are Going West! YaHooooo!!!!**  
**Be sure to saddle up for a Chuck-wagon luncheon**  
**and some Country Music by Dan Daniels**

**DATE: Thursday July 19th**

**Luncheon : 11:30**

**Bingo: 12-12:15**

**Music 1:45**

**Make your reservations to-  
day!!! Have some fun!!!**



Warm thanks goes out to Mary Coty for the donation of four BEAUTIFUL sewing machines. They are buzzing right along every Friday afternoon! Thank You Mary, they are so appreciated!

**Coming soon!**  
**Chorus Club**  
**Ceramics**  
**Dynamic new walking club**  
**Educational Programs**  
**Trip to Castle of Knights**  
**Nov. 13th—Buddy Holly tribute**  
**Blood Drive August 17th**  
**Watch coming newsletters!**

## Movie Night

July 31st Movie at 3

# MAMMA MIA!

2008 jukebox musical romantic comedy with Meryl Streep and Pierce Brosnan

After movie join us for some Mamma Mia meatball grinders!!!!

## DO YOU KNOW THAT THE LEE SENIOR CENTER HAS THE LENOX SENIOR

VAN EVERY Thursday that picks up at Crossway, Hyde Place and Brown Memorial at 9:45 to take YOU shopping at the Lenox Price Chopper and brings you back for FREE! AND THE 3rd Thursday of the Month after the Price Chopper run it will also Bring you to WAL-MART at 12:45!!!!

Call today to sign up for this GREAT OFFER !!!!

Special thanks to Denise, Rosie and the Chefs at

The LANDING AT Laurel Lake for a scrumptious luncheon in JUNE!!

And Many thanks to our Vendors who participated in our Resource Fair in May

Congratulations to Pauline Laundon our table raffle winner!

Monday	Tuesday	Wednesday	Thursday	Friday
2. 9:00 Osteo Exercise 11:30 Lunch 1:00 NO ART CLASS TODAY	3. 9:00 Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 BINGO	 Happy 4th of July!	5. 9:45 Price Chopper run 11:30 Lunch 12:00 Bingo 1:30 Yoga	6. 10:00 Open Gym Walk 11:30 Lunch
9. 9:00 Osteo Exercise 11:30 Lunch ***** 1:00 ART Class with Mr. Bill	10. 9:00 Blood Pressure Clinic 9:00 Foot Nurse 243- 5545 at Brown Me- morial Court 10:00 Gym Walk 11:30 Lunch 12:00 Bingo	11. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge  Brown Bag Day	12. 9:45 Lenox Price Chopper run 11:30 Lunch 12:00 BINGO 1:30 Yoga	13. 10:00 Open Gym Walk 11:30 Lunch
16. 9:00 Osteo Exercise class  11:30 Lunch 1:00 Art Class Fun	17. 9:00 Blood Pressure Clinic 10:00 Gym Walk 10:30 Scuba Presen- tation 11:30 Lunch 12:00 BINGO	18. 8:30 Tai Chi  11:30 Lunch 1:00 Bridge	19. 9:45 ILenox Price Chopper run 12:45 Wal-Mart trip 11:30 Lunch 12:00 Bingo 12:45 Wal- Mart 1:45 Music NO YOGA	20. 10:00 Open Gym Walk 11:30 Lunch
23. 9:00 Osteo Exercise 11:30 Lunch 1:00 Art Class	24. 9:00 Blood Pressure Clinic 10:00 Gym walk 11:30 Lunch 12:30 BINGO	25. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	26. 11:30 Lunch 12:00 Bingo 1:30 Yoga	27. 10:00 open gym walk 11:30 Lunch
30. 9:00 Osteo Exercise 11:30 Lunch 1:00 Art class	31. 9: 00 Blood Pressure Clinic 10:00 Gym walk 11:30 Lunch 12:00 Bingo 3:00 Movie / dinner			