
LEE



SENIOR CITIZEN NEWS

243-5545

LEE COUNCIL ON AGING

21 CROSSWAY ST., LEE MA.

OFFICE HOURS: MONDAY - THURSDAY 9:00-1:30

Patricia DiGrigoli –Director
Susan Holian – Assistant

2018 YIKES!!!!

“May your coming year be filled with magic and dreams and good madness. We hope you read some good books and kiss someone who thinks you’re wonderful, and don’t forget to make some art—write or draw or build or sing or live as only you can. And we hope, somewhere in the next year, **YOU SURPRISE YOURSELF.**”



**NEW FOR LEE SENIOR CENTER!!!!!!!
BEGINNER SENIOR ADULT TAP CLASS!**

Looking for a different type of Exercise?
A Fun Exercise?

**Melanie Majarian will be offering a FREE trial class!
NO shoes or prior experience necessary!!!!**

**Join us at the Senior Center
Saturday January 20, 2018
10 a.m. to 11
Come on ! It will be fun!!!!
SEE YOU THERE!!!!!!**



**AARP Special Tax Services For Seniors
Offered at the Lee Senior Center Beginning :
February 8th 2018
By appointment only by calling 243-5545**

Preparation List to bring

- copies of your 2016 Federal and State tax returns
- Your social security card, social security number for all dependents to be claimed
- All documents showing wages, interest, dividends and other income (w2's, 1099s , brokerage reports, social security, unemployment, self employment, etc.).
 - Records of any tax paid
- Details of medical expenses, taxes paid, charitable contributions, etc. if you wish to itemize deductions
- Proof of health insurance (For example, Medicare and details if not insured for the entire year)
 - If filing a Massachusetts return, also bring receipts for property tax paid in 2017 and water and sewer bills (homeowners) or rent (renters) paid in 2017

If the items below apply to your situation, also bring the following:

- *records of the original cost and date of any assets, such as stocks or a house sold in 2017
 - records of the original cost, sales tax, and date of purchase of a new car; energy improvements on your home; or purchase of a first home in 2017
- Records of a foreclosure or cancellation of mortgage debt
- Records of educational costs or student loan payments
 - Records of child care, expenses (provider's name, address,SSN/EIN



CONFUSED ABOUT MEDICARE CHANGES!??

Ann McDonald from **Berkshire Healthcare** will be here at our Senior Center to bring some light on the subject. She will explain All the Medicare changes and answer all our questions. Ann will also explain Wellness visits. Join Ann at the Senior Center January 16th at 10:30 for important information and some light Refreshments.

January 23rd. MOVIE AND SOUP NIGHT

3o'clock Movie: Florence Foster Jenkins

Real life story of Florence who heard her voice as divine, but to the rest of the world it was a different story. A humorous story. Come watch a movie with us and enjoy a bowl of soup.

Look what's happening at the Senior Center

Monday's: Osteo Exercise Class and Art Classes

Tuesday's: Blood Pressure Clinic, Gym walk and Bingo


New happenings on agenda SOON! Wednesday: Tai Chi classes and Bridge

Thursday's : Bingo and Chair Yoga

Friday: Open gym walk

Saturday: New senior tap classes

Please Note: Although we make every effort to ensure that the info in our newsletter is accurate there are times when we inadvertently leave something out or make an error, or information has changed since the publishing date. Please feel free to call us to verify any programming info.

Monday	Tuesday	Wednesday	Thursday	Friday
1. A VERY HAPPY, HEALTHY NEW YEAR TO ALL!!!!	2. 9:00 Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 BINGO	3. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	4. 11:30 Lunch 12:00 Bingo 1:30 Chair Yoga	5. 10:00 Open Gym Walk 11:30 Lunch
8. 9:00 Osteo Exercise 11:30 Lunch ***** 1:00 ART Class with Mr. Bill	9. 9:00 Blood Pressure Clinic 9:00 Foot Nurse 243- 5545 10:00 Gym Walk 11:30 Lunch 12:00 Bingo	10. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge  Brown Bag Day	11. 11:30 Lunch 12:00 BINGO 1:30 Chair Yoga	12. 10:00 Open Gym Walk 11:30 Lunch
15. 9:00 Osteo Exercise class 11:30 Lunch 1:00 Art Class Fun	16. 9:00 Blood Pressure Clinic 10:00 Gym Walk 10:30 Medicare info talk 11:30 Lunch 12:00 BINGO	17. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	18. 11:30 Lunch 12:00 Bingo ***** 1:30 Chair Yoga	19. 10:00 Open Gym Walk 11:30 Lunch SATURDAY Jan. 20th 10-11 Free Tap dance lesson
22. 9:00 Osteo Exercise Class 11:30 Lunch 1:00 Art class with Bill	23. 9: Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 Bingo 3:00 Movie and soup night	23. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	25. 11:30 Lunch 12:00 BINGO 1:30 Chair Yoga	26. 10:00 Open Gym Walk 11:30 Lunch
29. 9:00 Osteo Exercise Class 11:30 Lunch 1:00 Art Class	30. 9:00 Blood Pressure Clinic 10:00 Gym Walk 11:30 Lunch 12:00 Bingo	31. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge		