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# LEE



## SENIOR CITIZEN NEWS

243-5545

LEE COUNCIL ON AGING

21 CROSSWAY ST., LEE MA.

OFFICE HOURS: MONDAY - THURSDAY 9:00-1:30

Patricia DiGrigoli –Director  
Susan Holian– Assistant

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February 2020



*“I wonder if the snow loves the trees and fields, that it kisses them so gently? And then covers them snug, you know , with a white quilt, and perhaps it says, “ Go to sleep darlings, till the summer comes again.” (Alice Adventures in Wonderland)*

( Cover picture taken in back of Crossway Towers, Many Thanks J.. It's perfect!)

**Lee COA  
DIVAS WHO DARE!!!!**

**With Laura Roth at the newly renovated, Elegant Cranwell Resort  
in Lenox, Ma.**

**Thursday May 14, 2020**

**This exciting trip is offered by the COA through the Travel  
Group!**

**Staring Doris Day, Tammy Wynette, Crystal Gale, and others who have left  
indelible marks in show business.**

**Package includes:**

- \*Delicious luncheon at the Resort\* Matinee Show with Laura Roth**
  - Meal tax and Gratuities**
  - All for \$69.00 per person (This is a SELF DRIVE trip)**
  - Arrival time 11:30 Seating limited, Reserve by Feb. 27th at 243-5545**





**Take a look at our day!!!! It all Unfolds here!!! Be A PART OF IT!!!!**

### **Celebrations this Month:**

- \*National Hot Breakfast month \* Spunky Old Broads month
- \*National Homemade Soup \* Wear Red Day \* Valentine's Day
- \*Random Acts of Kindness Day \* Clam Chowder Day

#### **FREE AARP TAX-AIDE PROGRAM RETURNS!**

This tax-free aide will be offered at our Lee Senior Center every other Thursday starting in February and continuing through mid April. The service is available to all middle and low-income taxpayers with special attention to those 60 and older. Volunteers trained in cooperation with the IRS will assist you in filing your Federal and State returns. Need not have to be an AARP member to use this service. Appointments fill up fast so call Senior Center to book your appointment. 243-5545

There's Nothing Like Homemade Soup!  
Celebrate this Day with us and bring home a good bowl full of  
Healing Cabbage Soup!!!!  
This is a great soup anytime but especially when you have a cold!!!!  
Come on in on Tuesday Feb.4th at 10:30!  
Bring a container, please!!!



**Hot Breakfast Day**  
Join us on February 6th  
At 8:30 for  
**Breakfast!**

**Great way to start YOUR DAY!!**



### THE LANDING AT LAUREL LAKE LUNCHEON INVITATION

**We are excited to invite you to be our guest at our Senior Center as **The Landing at Laurel Lake** will be providing a wonderful luncheon for us RIGHT here at the Center.**

**Date: Tuesday February 11th**  
**Time : 12 o'clock**

**Reservations needed as space is limited by Thursday Feb. 6th 243-5545**  
**(Note: BINGO WILL BE AT 1 o'clock)**

**REMINDER SENIOR CENTER IS CLOSED ON FRIDAY'S**



### Happy Tu B'Shavat "New Year of the Trees"

Thursday February 13th IT'S A VALENTINE BINGO PARTY!

Join us for a fun game of BINGO and hor'dourves!  
WHY???? BBECAUSE WE LOVE YOU!

Feb 1st is WEAR RED DAY  
This is a day to raise awareness about heart disease in woman



#### NOTE! NOTE! NOTE!

AARP Tax service starts IN FEBRUARY THERE WILL BE NO BINGO ON FEBRUARY 6TH or FEBRUARY 20th

ALSO PLEASE BE AWAY THAT WE WILL BE CLOSED ON PRESIDENT'S DAY FEB. 17TH . WE ARE ALSO CLOSED ON FRIDAY'S . PLEASE CALL AHEAD OF TIME IF YOU NEED TRANSPORTATION THE WEEK OF FEBRUARY 18TH THROUGH THE 20TH



Have

### you met any S.O.B's Lately ?

I mean the good kind! The feisty spirited ones, kindly referred to as **Spunky Old Broads**

These are the ladies who live their life to the fullest, regardless of their circumstances. They have learned to push forward, find humor and share their spirit with those around them.....So we are celebrating them with a **"HIP HOP DANCE CHAIR EXERCISE CLASS!"**

We expect all you ladies to be here on Feb 25th at 10:30!!  
Don't be Late!!!



Prince Spaghetti Make and Take Day  
Special Guest today!!!!

"Who are the people in your neighborhood?!"  
Our neighbors from our LEE Library will be hosting our cooking class today!!!!

Date: Feb. 26th Time: 10:30

Please call to sign up 243-5545 and remember those containers!



### "All aboard the Hip Hop Soul Train Ex-





Movie and Soup night  
Tuesday February 25th Movie: 3 o'clock  
Featuring **The Game Plan**: Bachelor football star (Dyane "The Rock" Johnson) , is suddenly tackled by some unexpected news!

Giving Thanks!!! We are thankful for the people that come into our lives .A heartfelt thanks to **Devonshire Estates** who provided us with a delicious luncheon with ALL the trimming for our New Year! What a way to bring in the New Year!!! And a HUGE THANKS to **Lee Elementary School** teacher and friend Leslie Hickey for the scrumptious soup for our January movie and soup night! And All the woman who help with the Brown Bag Program and Jay for the great photography!!!!



press"



| Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|---|---|--|---|---|
|    |   |  |                                    | 1.<br>10:00 Open Gym Walk<br>11:30 Lunch  |
| 3.<br>9:00 Osteo Exercise<br>11:30 Lunch<br>1:00 ART Class with Mr. Bill<br><br> | 4.<br>9:00 Blood Pressure Clinic<br>10:00 Open Gym Walk<br>11:30 Lunch<br>12:00 Bingo                                 | 5.<br>8:30 Tai Chi<br>11:30 Lunch<br>1:00 Bridge   | 6. TAX SERVICE<br>8:30 Hot Breakfast<br>11:30 Lunch<br><b>NO BINGO TODAY!</b><br>1:30 Yoga<br>6-8 Knitting/Chat group | 7.<br>10:00 Open Gym Walk<br>11:30 Lunch<br><b>1:00 Day's For Girls</b> meet  |
| 10.<br>9:00 Osteo exercise<br>11:30 Lunch<br>1:00 Art class with Bill<br><b>Tu B'Shvat _Happy Holiday "New Year of the Trees"</b>                                 | 11.<br>9:00 Blood Pressure clinic<br>10:00 Open gym walk<br>12:00 Special lunch<br><b>BINGO AT 1 Today</b>            | 12.<br>8:30 Tai Chi<br>11:30 Lunch<br>1:00 Bridge<br><br><br>Brown Bag Day | 13.<br>11:30 Lunch<br>12:00 Valentine Bin-go Party<br>1:30 Yoga<br>6-8 Knitting group                                 | 14.<br>10:00 Open Gym walk<br>11:30 Lunch<br><b>Happy Valentine's Day</b><br><br> |
| 17.Center closed!<br><br>  | 18.<br>9:00 Blood Pressure clinic<br>10:00 Open gym walk<br>11:30 Lunch<br>12:00 Bingo                                | 19.<br>8:30 Tai Chi<br>11:30 Lunch<br>1:00 Bridge  | 20. TAX DAY<br>11:30 Lunch<br><b>NO BINGO TODAY!</b><br>1:30 Yoga<br>6-8 Knitting Group                               | 21.<br>10:00 Open gym walk<br>11:30 Lunch<br><b>1:00 Day's for Girls</b> meet   |
| 24.<br>9:00 Osteo exercise<br>11:30 Lunch<br>1:00 Art class with Bill   | 25.9:00 Blood Pressure clinic/ Foot nurse<br>10:00 Open gym walk<br>10:30 HIP HOP DANCE<br>11:30 Lunch<br>12:00 Bingo | 26.<br>8:30 Tai Chi<br>10:30 Make and Take<br>11:30 Lunch<br>1:00Bridge  | 27.<br>11:30 Lunch<br>12:00 Bingo<br>1:30 Yoga  | 28.<br>10:00 Open gym walk<br>11:30 Lunch   |