
LEE



SENIOR CITIZEN NEWS

243-5545

LEE COUNCIL ON AGING

21 CROSSWAY ST., LEE MA.

OFFICE HOURS: MONDAY - THURSDAY 9:00-1:30

Patricia DiGrigoli –Director

Susan Holian – Assistant

2018



Dog Days of Summer! Perfect picture from Art Student!

**Farmer's Market Coupons' are In at the LEE SENIOR CENTER!
Lee Residents May stop by the Senior Center to pick up their coupons .**

What Can You Buy With The Coupons?



You can use your coupons to buy fresh, locally grown fruits and vegetables, fresh cut herbs, and honey. Other items available for sale at the market cannot be purchased with senior farmers' market coupons. Farmers' markets also accept SNAP benefits. Have your EBT card ready.



**Together, we can save a life
American Blood Drive at the Lee Senior Center!
21 Crossways St.**

**Please stop by and donate
Blood Drive in honor of Amy Consolati
Date: Friday August 17th
Start time: 10:00 AM End Time: 3:00**



COME RIDE WITH US!!!

Julie from the BRTA bus company wants to teach us how easy it is to ride the bus. Julie is offering FREE rides from Lee to the Lenox Farmers Market on FRIDAY AUGUST 17th!!!!

Meet at the LEE Town Park at 12:30. The bus will be arriving by 12:40 PM and we will be dropped off right next to the Church by 12:55. Plan to shop for 1 hour as the bus will be back to pick us up by 2:05PM.

You must call the senior center to sign up by August 15th as this FREE trip is limited to 10 passengers!!! CALL TODAY!!!



TAG SALE! TAG SALE! HERE AT THE SENIOR CENTER!!!

AUGUST 11TH from 9A.M. to 12 TREASURES Galore from multi families!!!! Join our tag sale! Call us! Several tables with proceeds Going to the seniors

ATTENTION VISITORS TO CROSSWAY VILLAGE!

YES! THERE IS A CROSSWAYS STREET

YES, IT CAN BE CONFUSING . Lets see if we can help.

Crossways Village is located in a “old school”, which is located on High St., SO if you come to visit someone in the Towers (the old part), DO NOT USE THE FRONT RED DOOR., you go all the way to the back and ring the person whom you are visiting AND THEY will buzz you in. PLEASE DO NOT ASK SOMEONE ELSE TO LET YOU IN! Now if your friend lives in the Crossways section which is located on the right side of the “old school” you will need to go to a small St. which is located OFF of High St, called Crossways St. If you are looking at the front of the building (High St.) then Crossways is the St, before. It is a small St. with only one house. Buzz your friend and again PLEASE do not ask someone to let you in. We hope this helps!

***** National Senior Citizen Day! AUGUST 21st



YOU are Cordially invited to celebrate this day with us!!!

Fun begins at 12:00 with a Beach Party Bingo!!

Music by SANDY AND SANDY at 4 o'clock

Cocktails at 5 Cookout at 5:30

Bring your favorite dish!

RSVP at 243-5545 by August 16th!

MOVIE NIGHT : August 28th Hopefully MAMA MIA 2 Movie at 3 followed by a light dinner! Join us!

The seniors are having a TAG sale and Keeping the proceeds for themselves. If you are a senior and have something to sell, either call us for a table or we will sell something for you. Hey, every bit helps:. The tag sale will be right here at the Senior Center

NEW PROGRAMS COMING!!!
NEW WALKING PROGRAM TO START FOR ALL LEVELS; KICKS OFF SEPTEMBER 22nd with picnic We received a GRANT! LOOK in September Calendar!

Monday	Tuesday	Wednesday	Thursday	Friday
		1. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	2. 9:45 Price copper run 11:30 Lunch 12:00 BINGO 1:30 YOGA	3. 10:00 Open gym walk 11:30 lunch
6. 9:00 Osteo exercise 11:30 Lunch 1:00 Art class 	7. 9:00 Blood Pressure Clinic 10:00 Gym walk 11:30 lunch 12:00 BINGO	8. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge Brown Bag day 	9. 9:45 Price Chopper run 11:30 Lunch 12:00 BINGO 1:30 YOGA	10. 10:00 Open gym walk 11:30 Lunch SATURDAY!!! TAG SALE 
13. 9:00 Osteo Exercise 11:30 Lunch 1:00 Art Class	14. 9:00 Blood Pressure Clinic and Foot Nurse 243-5545 10:00 Gym walk 11:30 Lunch 12:00 BINGO	15. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	16. 9:45 Price Chopper run 12:45 Wal-Mart 11:30 Lunch 12:00 BINGO 1:30 Yoga	17. 10:00 Open gym walk 11:30 lunch BRTA bus trip AND RED CROSS BLOOD DRIVE
20. 9:00 Osteo Class 11:30 Lunch 1:00 Art Class	21. 9:00 Blood Pressure Clinic 10:00 Gym walk 11:30 Lunch 12:00 BINGO 4:00 Sandy and Sandy music/Picnic	22. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	23. 9:45 price Chopper run 11:30 Lunch 12:00 BINGO 1:30 YOGA	24. 10:00 Open gym walk 11:30 Lunch
27. 9:00 Osteo Class 11:30 Lunch 1:00 Art class	28. 9:00 Blood pressure Clinic 10:00 Gym walk 11:30 Lunch 12:00 BINGO 3:00 Movie night	29. 8:30 Tai Chi 11:30 Lunch 1:00 Bridge	30. 9:45 price Chopper run 11:30 Lunch 12:00 BINGO 1:30 Yoga	31. 10:00 Open gym walk 11:30 Lunch