
LEE



SENIOR CITIZEN NEWS

243-5545

LEE COUNCIL ON AGING

21 CROSSWAY ST., LEE MA.

OFFICE HOURS: MONDAY - THURSDAY 9:00-1:30

**** **CLOSED FRIDAY'S**

Patricia DiGrigoli –Director

Picture by: LIZ DIGRIGOLI

May 2023



"Every good gift comes from ABOVE but moms do a lot of the delivery work. For every-dream that has taken flight, there's a mom who believed." A mothers love is whole, no matter How many times divided. **HAPPY MOTHER'S DAY TO ALL WOMAN IN OUR WORLD!**

PLEASE JOIN US FOR

A MOTHER'S DAY BRUNCH**AND A MEMORIAL DAY PICNIC****MAY 11TH****TIME: 11:30****PLACE: SENIOR CENTER****MENU: Mimosa****French toast casserole****Strawberry ricotta bruschetta****Shells, Salads, drinks, rolls,****MAY 24TH****TIME: 12 O'CLOCK****PLACE: BACK YARD****TOWER SIDE****WEATHER PERMITTING****Menu: BBQ Hotdogs Hamburgers****salads, fruit****PLEASE****make reservations by May 8th for****Mother's DAY Brunch AND****Reservations****by May 18th for Picnic**



JOIN OUR FUN KNITTING GROUP
 You don't have to knit! If you are working on a fun project OR just want to come in and CHAT— COME ON IN!!
 Play Pool? We have a great pool table, so grab a friend and come on in
MONDAY May 1st. 8th 15th and 22nd
TIME 1 to 3!!!



HAVE YOU TRIED BINGO!!!!??
 Join us on Tuesday May 2nd, 9th, 16th and 23rd. Starting Time: 12 o'clock!!
 10 cents a card. Check calendar for Theme BINGO!!!!
 Also Staring BINGO at
 BROWN MEMORIAL on MARBLE ST
 .ON MAY 22nd at 10:30

CELEBRATE NATIONAL HERB WEEK WITH US: SIGN UP FOR A PLANTER, DECORATE IT, PLANT SOME HERBS Or WILDFLOWERS! MAY 8th at 10:30 CALL PLEASE BY MAY 4th.



WANTED!
 Old Iron Boards! (Big or small)
 Van Driver for Senior van.
 Must be willing to take BRTA Classes AND A Marjong teacher



RISE AND SHINE IT'S OUR RELAXING BREAKFAST TIME
JOIN OUR WEDNESDAY MORNING BREAKFAST!!!!
ALL BREAKFAST STARTS AT 9:30 EXCEPT MAY 10th
 (Brown Bag day)

MAY 3RD. Banana and Nutella All breakfast start at 9:30
May 10th Cereal and Toast *** TIME CHANGE: 9 o'clock**
May 17th Pineapple Toast with toppings

Join us May 20th for DAY'S FOR GIRL'S SEWING PROJECT at 1-3 **



A HUGE THANK YOU TO ALL OUR DEDICATED FIREMAN (May 4th) and our FEARLESS POLICE OFFICERS (May 15th-21st week). We keep you all in thoughts and prayers for Your Safety.

CELEBRATE WORLD Laughter Day! May 7th. A
 Positive manifestation for world peace, along with Nat. day of prayer and is intended to build up global consciousness of brotherhood and friendship through laughter and prayer.



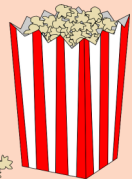
OUR APRIL COMMUNITY CHEF DAY!!
THANK YOU TO MY FRIEND'S FOR A FUN TIME and a DELICIOUS MENU!
DON'T MISS OUR CHEF DAY!!



Thank you to Elder Services Registered Dietitian Nutritionist Sheri Iodice for some helpful HINTs



SHOP TILL YOU DROP ON OUR WALMART TRIP.
 May 18th! Van will pick you up and not only Walmart but Market 32.! Van leaves around 9:30 . Call as space is limited!



Makeup Lunch and Movie Day; from Last month
 Movie: Sister Act 2 May 4th
 Lunch at 12, Movie to follow





COME AND HAVE SOME FUN WITH US and the Children from St. Mary's School Youth Group. IT SHOULD BE A LOT OF FUN!!!! May 17th from 3 to 4:30!!! It should be a lot of laughs!! Laughter is the



MATTER OF BALANCE CLASS STARTING JUNE CALL FOR DETAILS!

JOIN US FOR BREAKFAST ON MAY 17 at 9:30 and then stay for a Delightful. relaxing no experience art fun!! With such a wonderful group from the Medical Reserve Corps

Monday	Tuesday	Wednesday	Thursday	Friday
1. 9– 10 Exercise in gym with Chris 10:05 Walk in gym 1:00 Knitting/Pool	2. 12:00 BINGO Theme, Cinco de Mayo	3.8:30 –9:30 Tai Chi 9:30 Breakfast 1:00 Bridge	4.International Fighter Fighters day Thank YOU to all our firefighters! 12:00Lunch with Movie to follow	5. ^ The Kentucky Derby
8..9-10 Exercise with Chris in gym 10:05 walk in gym 10:30 Craft Project 1:00 Knitting /Pool	9. 12:00 BINGO Laughter Bingo, wear something crazy!!!	10. 8:30-9:30 Tai Chi 9 o' clock!! Breakfast 1100 Pick up brown Bag 	11. 11:30 Mother's Day Brunch	12.
15.9-10 Exercise in gym with Chris 10:05 walk in gym 1:00 Knitting/Pool	16. Wear purple for Peace Day 12:00 BINGO Wear purple for Peace day	17. 8:30-9:30 Tai chi 9:30 Breakfast 10:30 Medical Reserve Fun art class 3:00 –4:30 Games with Youth group.	18. Wall Mart trip	19. 1-3 Day's For Girls
22. 9– 10 Exercise in gym with Chris 10:05 Walk in Gym 10:45 BINGO AT BROWN Memorial 1-3 Knitting /Pool	23. 12:00 BINGO 9:30 Blood pressure Clinic 9:00 Foot Nurse	24. 8:30-9:30 Tai Chi 12:00 Cookout 1:00 Bridge	25. National tap dance day!!! Put some music on and Tap, Tap , Tap!	26.
29.Senior Center CLOSED 	30. 1:30 Lee High Prom Fashion Show	31. 8:30– 9:30 Tai Chi 10:30 community Chef 1:00 Bridge	HAPPY MAY!!!!	